

## Special help provided by the Youth Migration Services for young people who have a migration background

The initial period in a foreign country is not only exciting for young people, it is also quite a strain. Whether at school, at work, while training or when making new friends, they have to master a number of special challenges. The youth migration services therefore offer them special support measures, individual advice and group training schemes.

Among other things, you will be able to find service offers on the following subjects:

- School and training system
- Career planning in collaboration with the local employment centres
- Society and politics
- Using computers and German tutorial software

## Where can you obtain further information about the advice services?

Information about specific advice services is available from following institutions in your region, especially from

- the local governments, the municipal authorities or the district administration
- the bodies responsible for the free welfare work (Arbeiterwohlfahrt, Deutscher Caritasverband, Diakonisches Werk der Evangelischen Kirche in Deutschland, Deutsches Rotes Kreuz, Deutscher Paritätischer Wohlfahrtsverband, Zentralwohlfahrtsstelle der Juden in Deutschland)
- Bund der Vertriebenen (the Association of Expellees)
- youth social work providers
- integration course providers

## You can find information in the internet at:

- [www.bamf.de/beratungsangebote](http://www.bamf.de/beratungsangebote)
- [www.jugendmigrationsdienste.de](http://www.jugendmigrationsdienste.de)

... and always ask the other members of your family, friends, work colleagues, fellow pupils, neighbours, members of your sports club etc. for concrete advice options.

Find out more and take advantage of the free advice services.

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Federal Office  
for Migration  
and Refugees

# Benefit from professional advice!

Advice services for immigrants





## Use the free individual advisory service for immigrants: the Immigration Advice Service for Adult Immigrants (MBE) and the Youth Migration Service (JMD)!

### Individual advice helps

Many things will seem foreign and unfamiliar to you when you first arrive in Germany. Even if you have been living in Germany for a while, you may still be looking for the answers to certain questions.

Individual advice and accompaniment to help you for this is available right from the start. It provides concrete support for almost all situations arising in daily life. This will give you the skills to approach your affairs yourself and make decisions independently.

### Advisory services for adolescent and adult immigrants

The **advice service** for immigrants advises and supports adult immigrants.

The **Youth Migration Services** advise and support young people with an immigration background between the ages of 12 to 27.

You can generally turn to both the immigration advice service for adult immigrants and the youth migration services. After your first discussion the further procedure will be coordinated between the advisory institutions. Your personal situation and that of your family members will be taken into consideration for this.

### Better opportunities through individual advice

The staff in the advisory institutions often even understand the language of your country of origin. They also know the social, cultural and religious ways of thinking and behaving which are familiar to you. They will develop a plan together with you, which will provide you with orientation during the first steps of your life in Germany. Your personal skills and knowledge are at the centre of the advice. You will learn what support options exist to make your integration into Germany easier.

You can discuss all subjects concerning everyday life as part of the advice, for example:

- Legal issues regarding residence
- Acquisition and improvement of German language skills (for example by attending an integration course)
- School education, vocational training (for instance recognition of foreign professional qualifications)
- Work and employment (e.g. job search)
- economic situation (e.g. income, credit, debt)
- Housing (e.g. looking for somewhere to live, financing a flat or house)
- Health (e.g. health insurance, medical treatment)
- Personal state of health (e.g. health problems)
- Marriage, family and bringing up children (e.g. pregnancy)
- Mobility and transport (e.g. driving licence, public transport)
- Relaxation, sport and leisure time (e.g. club membership)
- Everyday activities (for example shopping, contact with authorities)